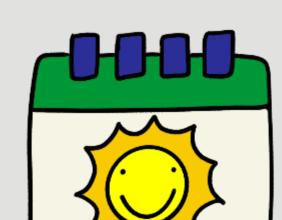


School based programme delivered by school & LA qualified staff & partners.



Minimum of 12 days over the summer holidays.



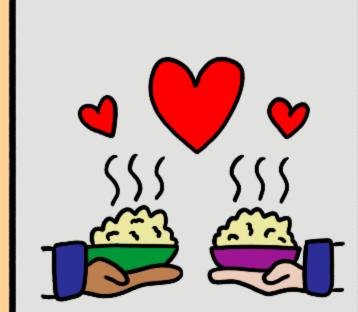
Healthy breakfast and lunch each day.



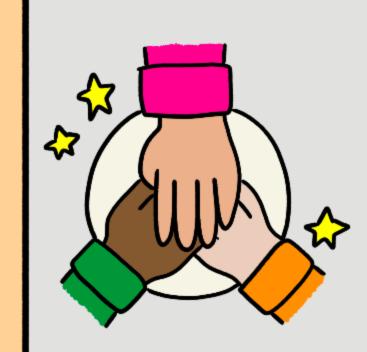
Minimum of I hour of physical activity each day.



All Wales Food & Fun' Nutrition Education Sessions.

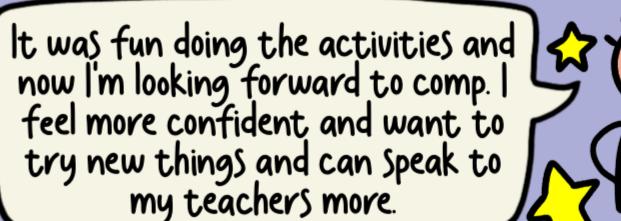


Family breakfast or lunch served at least once a week.



Enrichment sessions delivered by school staff and/or partners.

I really enjoyed my time at Food and Fun. It has kept me busy and less bored - I only wish it lasted longer. Food and Fun is really nice because now I can spend more time with family and friends instead of in my bedroom.



School Engagement & Educational Attainment



They are learning but in a fun way which always helps. They also bond closer with the teachers and support staff ready for the next year.



You could see their confidence grow throughout the 12 days, so it was lovely. Every day was enjoyed and their horizons broadened.

Improved Mental Health & Emotional Wellbeing

> The activities are really beneficial to the kids. They've really enjoyed their time here this summer.



What are the benefits for pupils and the School community?

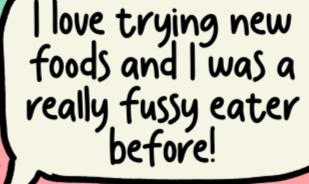


Improved Aspirations

'Food and Fun' really boosted my confidence with signing up for things like clubs!

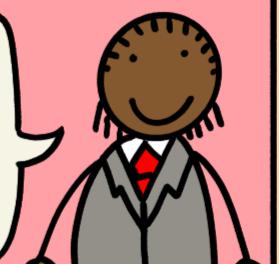


Trying new foods like tangerines and other fruit was good because live never tried them before!





The way activities made learning about food was very good and my child asked for healthier options, drinks more water so I think this speaks very well of the scheme.



Improved Physical Activity

It is a very good thing to have because it gets kids out of the house and not watching screens all day. Also it was fun and I enjoyed it!



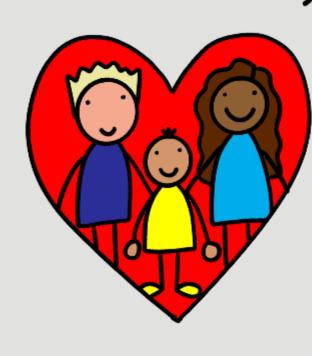
My child has had a lot of fun at 'Food and tun' and spending time hanging out with her friends instead of being at home on her tablet or phone.

What does 'Food and Fun' offer schools?

At least 12 days of FREE breakfast & lunch for pupils in the Summer holidays.



Parental tngagement in the healthy lifestyle agenda & strengthen the School community.



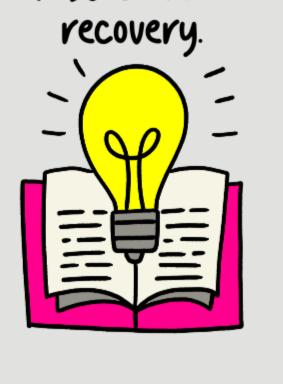
FREE access to physical activities through partner agencies.



FULLY FUNDED by Welsh Government AND money for resources.



Staff training linked to Curriculum for Wales, LA Strategic Plans & Post Covid-19 recovery.



Support for parents - toodwise for Life, bet Cooking & Nutrition Skills for Life.



Can link to Big Bocs Bwyd & other initiatives to develop Sustainable change to pupils and parents healthy lifestyles.



Click the logos below to find out more!









